

COPD has a profound impact on daily life, yet remains underdiagnosed and undertreated^{1,2}.

Are you at risk?³

1. During the past 4 weeks, how much of the time did you feel short of breath?

None of the time <input type="checkbox"/> 0 +	A little of the time <input type="checkbox"/> 0 +	Some of the time <input type="checkbox"/> 1 +	Most of the time <input type="checkbox"/> 2 +	All of the time <input type="checkbox"/> 2 +	Heading score <input type="checkbox"/> +
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2. Do you ever cough up any "stuff," such as mucus or phlegm?

No, never <input type="checkbox"/> 0 +	Only with occasional colds or chest infections <input type="checkbox"/> 0 +	Yes, a few days a month <input type="checkbox"/> 1 +	Yes, most days a week <input type="checkbox"/> 1 +	Yes, everyday <input type="checkbox"/> 2 +	Heading score <input type="checkbox"/> +
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3. Please select the answer that best describes you in the past 12 months. I do less than I used to because of my breathing problems.

Strongly disagree <input type="checkbox"/> 0 +	Disagree <input type="checkbox"/> 0 +	Unsure <input type="checkbox"/> 0 +	Agree <input type="checkbox"/> 1 +	Strongly agree <input type="checkbox"/> 2 +	Heading score <input type="checkbox"/> +
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4. Have you smoked at least 100 cigarettes in your ENTIRE LIFE?

No <input type="checkbox"/> 0 +	Yes <input type="checkbox"/> 2 +	Don't know <input type="checkbox"/> 0 +	Heading score <input type="checkbox"/> +
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5. How old are you?

Age 35 to 49 <input type="checkbox"/> 0 +	Age 50 to 59 <input type="checkbox"/> 1 +	Age 60 to 69 <input type="checkbox"/> 2 +	Age 70+ <input type="checkbox"/> 2 +	Heading score <input type="checkbox"/> +
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TOTAL SCORE

If your total score is 5 or more, this means your breathing problems may be caused by chronic obstructive pulmonary disease (COPD). The higher your score, the more likely you are to have COPD. COPD is often referred to as chronic bronchitis and/or emphysema and is a serious lung disease that slowly gets worse over time. While COPD cannot be cured, it is treatable, so please share your answers to the five question screener with your healthcare professional (HCP).

If your total score is between 0 and 4, and you are experiencing problems with your breathing, please share your answers to the five-question screener with your HCP. Only your HCP can decide if you have COPD. Your HCP can help evaluate your breathing problems by performing a breathing test, also known as spirometry. Don't wait. Call your HCP today to make an appointment to see if you may be at risk for COPD. Remember, when speaking to your HCP, be honest and open in describing your symptoms and explain how your breathing problems affect your activity level on a daily basis.

Note to Doctor/Healthcare Provider: The COPD Population Screener™ (COPD-PS™) on the reverse side of this page is an easy-to-use, validated tool designed to identify patients at risk for COPD.

- The COPD-PS™ has been validated in a diverse population age 35 and older
- The five questions in the COPD-PS™, culled from a 52-question initial survey, were found to be the most likely to predict COPD
- The study's predictive value is 0.59 (AUC) with 88% of COPD cases correctly classified
- A clinical diagnosis of COPD should be confirmed with spirometry (Fev1/FVC < .70)

About the score:

- Score 5-10 — High risk of COPD
- Score 0-4 — Low risk of COPD

References: **1.** Feldman GJ. Improving quality of life in patients with chronic obstructive pulmonary disease: focus on indacaterol. In J COPD 2013; 8: 89-96. **2.** Allwood B, van Zyl-Smit R. Chronic obstructive pulmonary disease in South Africa: under-recognised and undertreated. S Afr Med J 2015; 105(9): 785. **3.** Martinez FJ, Raczek AE, Seifer, FD, *et al.* Development and initial validation of a self-scored COPD Population Screener questionnaire (COPD-PS). COPD: Journal of Chronic Obstructive Pulmonary Disease.2008; 5(2): 85-95.



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